



Understanding Your Options As a Seasoned Citizen!

First Annual Older Americans Month Senior Symposium An Event for Seasoned Citizens, Providers, and Caregivers



Friday, May 25, 2012 • 9:00 a.m. - 4:00 p.m.
Park Hyatt Washington • 1201 24th Street, NW • Washington, D.C. 20037

SYMPOSIUM REGISTRATION

(please print or type)

Full Name: _____ **Title** _____

Organization: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Country _____ **Telephone:** _____ **Fax:** _____

Email: _____

EVENT INFORMATION

- 9:00 a.m. – 9:30 a.m. Check-In
- 9:15 a.m. – 10:00 a.m. Continental Breakfast and Networking
- 10:00 a.m. – 11:00 a.m. Opening Plenary

SYMPOSIUM BREAKOUT SESSIONS

Please indicate your session preference for each time slot

Morning: 11:00 a.m. – 12:00 p.m.

- It's Never Too Late For Prevention: Evidence Based Health Programs
- Know Your Options...Decide Your Future
- Living Well: Simple Health Practices for Today's Senior
- Aging in the LGBT Community

Mid-Day: 1:00 p.m. – 2:00 p.m.

- What's the Relationship Between Chronic Disease and Alzheimer's
- It Takes a Village to Maintain Seniors in the Community
- Savvy Saving Seniors: Becoming Resourceful with the Help of Benefits

Afternoon: 2:00 p.m. – 3:00 p.m.

- Caregiving Techniques
- Abuse, Neglect, and Exploitation of Seniors
- Strengthening the Senior Communities: Senior Villages/Greenhouses

Vegetarian meal requested: Yes No

Are you interested in receiving CEUs? Yes No

Please email or fax completed registration form to:

Phone: (202) 535 -1439

Fax: (202) 535 - 1449

Email: monica.best@dc.gov

2012 Senior Symposium

Monica Best

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