Office of Mayor Muriel Bowser  
John A. Wilson Building | 1350 Pennsylvania Avenue NW, Suite 300 | Washington, DC 20004

Mayor’s Council on Physical Fitness, Health and Nutrition  
Meeting Minutes

October 10, 2018  
3:30pm – 5:00pm  
Department of Parks and Recreation  
1250 U Street NW  
Washington, DC 20004  
2nd Floor Conference Room  
Call in Number: 877-491-2081 (Passcode: 9241962)

1. Call to Order – 3:05pm
2. Roll-Call
   a. Alan Karnofsky, Chair
   b. Shari Curtis
   c. Corey Redden
   d. Courtney Puidk
   e. Jennifer Leo
   f. Lisa Fitzpatrick
   g. Michelle Light
   h. Greg Raleigh
   i. Sarah Roache
   j. Danette Thomas
3. Introduction of new members
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a. Danette Thomas, Greg Raleigh, Michelle Light, Sara Roache, Lisa Fitzpatrick

b. New members detail their experience and interest in the Council

4. Approval of August 8 Minutes

a. Motion by Greg Raleigh

b. 2nd Motion by Michelle Light

c. Approved unanimously

5. Approval of October 10 Agenda

a. Motion by Greg Raleigh

b. 2nd Motion by Michelle Light

c. Approved unanimously

6. Public Comment

a. No members of the public

b. Other representatives:

   i. Amy Caspari, General Counsel, DPR

   ii. Sara Beckwith, DC Health (for Amelia)

7. Presentations:

a. Physical Activity Action Team (PAAT) Subcommittee presentation by Jo-Ann Jolly and LaVerne Jones. On Obesity Initiatives Overview

b. See attached presentation

c. PAAT is one of the 3 action teams of DC Health’s Diabesity Committee
d. RFA will be released
   i. 50-100K per organization
   ii. 6 awards

e. PAAT working on report that can assist Mayor’s Council \(\rightarrow\) will get back to us on the deadline

f. PAAT has monthly meetings – first Wednesday of every month at 10am and quarterly in-person meetings

8. Review of Draft Report

a. Report is to discuss the following items for DC:
   i. State of physical fitness
   ii. State of nutrition
   iii. State of obesity
   iv. Recommendations to improve these areas

b. Discussion on report format
   i. Michelle – who are the key agencies that should have a seat at the table?
      1. Obesity is a challenge that PA and nutrition could address
   ii. Alan – how agencies could work better together can be part of our recommendations

c. Could link report to the Healthy DC 2020 framework

9. Next Steps – Next Meeting: February 13, 2019 @ 3:30pm. Location TBD

   a. Alan to ask members what data/initiatives we want \(\rightarrow\) with deadline
b. Alan to ask of agencies to provide this data with deadline

c. Alan to provide members with public facing performance plans of relevant agencies.

10. Adjourn- 4:57pm