



Office of Mayor Muriel Bowser

John A. Wilson Building | 1350 Pennsylvania Avenue NW, Suite 300 | Washington, DC 20004

**Mayor's Council on Physical Fitness, Health and Nutrition
Meeting Minutes**

October 10, 2018

3:30pm – 5:00pm

Department of Parks and Recreation

1250 U Street NW

Washington, DC 20004

2nd Floor Conference Room

Call in Number: 877-491-2081 (Passcode: 9241962)

1. Call to Order – 3:05pm
2. Roll-Call
 - a. Alan Karnofsky, Chair
 - b. Shari Curtis
 - c. Corey Redden
 - d. Courtney Puidk
 - e. Jennifer Leo
 - f. Lisa Fitzpatrick
 - g. Michelle Light
 - h. Greg Raleigh
 - i. Sarah Roache
 - j. Danette Thomas
3. Introduction of new members



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- a. Danette Thomas, Greg Raleigh, Michelle Light, Sara Roache, Lisa Fitzpatrick
 - b. New members detail their experience and interest in the Council
4. Approval of August 8 Minutes
- a. Motion by Greg Raleigh
 - b. 2nd Motion by Michelle Light
 - c. Approved unanimously
5. Approval of October 10 Agenda
- a. Motion by Greg Raleigh
 - b. 2nd Motion by Michelle Light
 - c. Approved unanimously
6. Public Comment
- a. No members of the public
 - b. Other representatives:
 - i. Amy Caspari, General Counsel, DPR
 - ii. Sara Beckwith, DC Health (for Amelia)
7. Presentations:
- a. Physical Activity Action Team (PAAT) Subcommittee presentation by Jo-Ann Jolly and LaVerne Jones. On Obesity Initiatives Overview
 - b. See attached presentation
 - c. PAAT is one of the 3 action teams of DC Health's Diabetes Committee



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- d. RFA will be released
 - i. 50-100K per organization
 - ii. 6 awards
- e. PAAT working on report that can assist Mayor's Council → will get back to us on the deadline
- f. PAAT has monthly meetings – first Wednesday of every month at 10am and quarterly in-person meetings

8. Review of Draft Report

- a. Report is to discuss the following items for DC:
 - i. State of physical fitness
 - ii. State of nutrition
 - iii. State of obesity
 - iv. Recommendations to improve these areas
- b. Discussion on report format
 - i. Michelle – who are the key agencies that should have a seat at the table?
 - 1. Obesity is a challenge that PA and nutrition could address
 - ii. Alan – how agencies could work better together can be part of our recommendations
- c. Could link report to the Healthy DC 2020 framework

9. Next Steps – Next Meeting: February 13, 2019 @ 3:30pm. Location TBD

- a. Alan to ask members what data/initiatives we want → with deadline



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- b. Alan to ask of agencies to provide this data → with deadline
- c. Alan to provide members with public facing performance plans of relevant agencies.

10. Adjourn- 4:57pm

DRAFT