# TASK FORCE ON SCHOOL MENTAL HEALTH MEETING

Monday, March 12, 2018 Department of Behavioral Health 64 New York Avenue NE – Room 284 3:30 -5:00 p.m.

# School-Based Behavioral Health Goal

To create a coordinated and responsive behavioral health system for all students in all public and public charter schools.

## Agenda

- I. Welcome & Introduction
- II. Review Agenda
- III. Need Identification
  - A. Considerations
  - B. Analytic approaches
  - C. Need identification results
  - D. Discussion
- IV. Resources
  - A. Minimum Needed
  - B. Quantifying Resources & Unmet need
  - C. Cost Drivers Menu
- V. Budget Recommendations

#### Identifying Behavioral Health Needs in Schools

- Which schools are in the top of each chosen methodology compared to others?
- Are there differences by school type education campus, elementary, middle, and high school?
- Identify a target of schools to go into for SY18-19
- In some cases, may need to enhance services where partnerships currently exist
- What number is reasonable for next year given the provider capacity?
- Over 3-5 years, hope to see a robust presence of prevention, early intervention, and treatment services in all schools.

#### Data & Methodology

- OSSE At-Risk Formula
  - Eligibility for TANF and/or SNAP
  - Students experiencing homelessness
  - Students in foster care
  - High School students 1 year older than expected grade
- Individualized Education Plans (IEPs)
- In-seat attendance (based on monthly rates)
- Out-of-school suspension

#### Three Analytic Approaches

- OSSE At-Risk:
  - Shows actual % At-Risk and Ranking
- Average Z Score:
  - Adds the Z-Score for each indicator, then divides it by 4, getting the average Z-Score.
  - The Z-Score approach allows us to distinguish between schools otherwise very similarly situated, thus giving us a bit more nuance than a straight average of the rankings.
- Average Rank:
  - Adds rank for each indicator and divides it by 4.

#### Need Identification Results

Presentation

&

Discussion

#### Provider Readiness - Baseline (Draft)

- Financially sound
- Solid supervision structure
- Qualified licensed clinicians with child and youth experience
- Understanding of school-based practice and ability to participate as part of collaborative multi-system student support team
- Operational experience and/or capacity to provide treatment & billing in school setting
- Paneled with & capacity to bill Managed Care Organizations

#### School Readiness - Baseline (Draft)

- School-hired Behavioral Health Staff of 1:250 students
- Functional Mental Health Team/s (e.g., established operations, membership, and consistently meets)
- Ability to enter into MOA with CBO to include such elements as:
  - Referral Process
  - Mandated Reporting
  - Confidentiality
  - Consistent confidential space for treatment services
  - Access to students
  - Wi-Fi
  - Supervision structure
  - Evaluation

# Total (SY 16-17) District Investments in School-Based Behavioral Health

AGENCY	SPENDING
Department of Behavioral Health: SMHP	\$ 8,140,000
<ul> <li>DC Public Schools (51,242 students):</li> <li>172 licensed clinical social workers</li> <li>110 school psychologists</li> </ul>	\$ 26,775,000
<ul> <li>DC Public Charter Schools (40,996 students):</li> <li>39 Counselors</li> <li>38 Social Workers</li> <li>65 Psychologists</li> <li>7 Psychiatrists</li> </ul>	\$ 13,725,000
<ul> <li>Department of Health:</li> <li>7 School Based Health Centers for 4500 students</li> </ul>	\$ 416,000
Total Approximate District Spending	\$ 49,056,000

#### Behavioral Health Resource Costs Per Clinician

	DBH	CBO – 20% Non- billable	CBO – 40% Non-billable
Average Salary & Fringe	\$100,000	\$18,000 (20% of \$90,00 Avg S/F)	\$36,000 (40% of \$90,00 Avg S/F)
Equipment & Materials	3,000	3,000	3,000
Training	1,000	1,000	1,000
Total per Clinician	\$104,000	\$22,000	\$40,000

#### Implementation Timeline

- Current and new providers will identify the number of additional schools they can serve in the Spring for the following School Year. New providers will demonstrate readiness to provide school-based services.
- Schools and providers agree to participate in training, as determined appropriate.
- Schools, agencies, and providers participate in collaborative needs assessment and identify technical assistance needs of schools and providers.

#### **Year 1 - SY 18-19 target:**

\_\_\_\_\_/200 public schools offering multi-tiered SMH supports provided by a DCPS, PCS, OSSE, DBH, DOH, and community-based providers, as tailored to the needs of each school.

#### Year 2 - SY 19-20 target:

- \_\_\_\_\_/200 public schools offering multi-tiered SMH supports.
- Year 3 SY 20-21 target:
- \_\_\_\_\_/200 public schools offering multi-tiered SMH supports.

### **Budget Recommendation**

Discussion & Decision